Self-isolation at home, what does it mean?

- Self –isolation at home consists on staying at home and not going out in public spaces.
- The primary objective of the isolation measure is to isolate the virus and prevent it from spreading.
- Healthcare professionals will decide if the affected person needs to be isolated at home by assessing their clinical criteria and their health and social circumstances.
- The healthcare professionals will be in contact and monitor the affected person.
- The isolated person will be able to live with their family members, and they will all have to follow the measures indicated by the healthcare professionals.

For more information, check canalsalut.gencat.cat/coronavirus or call 061/Salut



